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Qualifications: MBBS, DFM, MPH, PhD Candidate

Institute: Non-Communicable Disease Unit, Melbourne School of Population & Global Health, The University of Melbourne

Current position(s): PhD student, The University of Melbourne

Supervisors/ Advisors: Professor Brian Oldenburg, Professor Kavumpurathu Raman Thankappan, Professor Amanda Gay Thrift, Professor Rob Alan Moodie

PhD Title: A cluster randomised controlled trial of a community-based lifestyle intervention program for the prevention of type 2 diabetes in India

Funding: Melbourne International Fee Remission Scholarship and Victoria India Doctoral Scholarship

Research Interests: My research interests concentrate on understanding the role of behaviour change towards healthy lifestyles on reducing cardiometabolic risk factors and preventing type 2 diabetes in India and other low- and middle-income countries.

Recent publications

1. **Sathish T**, Kannan S, Sarma PS, Thankappan KR. Achutha Menon Centre Diabetes Risk Score: A type 2 diabetes screening tool for primary health care providers in rural India. *Asia Pac J Public Health* 2015;27:147-54.
2. **Sathish T**, Kannan S, Sarma PS, Thankappan KR. Incidence of tobacco use among adults (15-64 years) in rural Kerala. *Asia Pac J Public Health* 2015;27:26-9.
3. **Sathish T**, Williams ED, Pasricha N, Absetz P, Lorgelly P, Wolfe R, Mathews E, Aziz Z, Thankappan KR, Zimmet P, Fisher E, Tapp R, Hollingsworth B, Mahal A, Shaw J, Jolley D, Daivadanam M, Oldenburg B. Cluster randomised controlled trial of a peer-led lifestyle intervention program: study protocol for the Kerala Diabetes Prevention Program. *BMC Public Health* 2013;13:1035.
4. Daivadanam M, Absetz P, **Sathish T**, Thankappan KR, Fisher EB, Philip NE, Mathews E, Oldenburg B. Lifestyle change in Kerala, India: needs assessment and planning for a community-based diabetes prevention trial. *BMC Public Health* 2013;13:95.
5. **Sathish T**, Kannan S, Sarma PS, Thankappan KR. Screening performance of diabetes risk scores among Asians and Whites in rural Kerala, India. *Prev Chronic Dis* 2013;10:E37.
6. **Sathish T**, Oldenburg B, Tapp RJ, Shaw JE, Wolfe R, Balachandran S, D'Esposito D, Absetz P, Mathews E, Zimmet PZ, Thankappan KR. Baseline Characteristics of Participants in the Kerala Diabetes Prevention Program (K-DPP): A Cluster Randomised Controlled Trial of Lifestyle Intervention in Asian Indians. Accepted in *Diabetic Medicine*.