



## **NICOLE HUGHES**

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### **Qualifications:**

2008 Bachelor of Physiotherapy (Hons), University of Melbourne

2016 (in progress) Master of Public Health, University of Melbourne

### **Institute:**

The Nossal Institute for Global Health, the University of Melbourne

### **Current positions:**

Master of Public Health student;

Research Assistant and intern for Dr Nathan Grills, Nossal Institute for Global Health;  
Physiotherapist, Royal Melbourne Hospital

### **Supervisors/ Advisors:**

Dr Nathan Grills, The Nossal Institute for Global Health, the University of Melbourne

### **Research Interests:**

My current research interests are still broad and I am exploring different options and opportunities for future research. My recent research activity has been focused around plain packaging of tobacco products in low to middle income countries. A key part of this work has been examining the current evidence base for the role of plain packaging in low to middle income settings. I am interested in looking both at the effectiveness of plain packaging interventions and the complexities involved in developing legislation. I am also interested in disability and have worked across a number of different disability projects in North India.

### **Recent publications:**

1. **Hughes, N.,** Arora, M., & Grills, N. (2016). Perceptions and impact of plain packaging of tobacco products in low and middle income countries, middle to upper income countries and low income settings in high income countries: a systematic review of the literature. March 2016, *BMJ Open*, 6(3).
2. **Hughes, N.,** & Grills, N. (2015). Smoke Free. *Medical Journal of Australia InSight*, 43. Retrieved from <https://www.mja.com.au/insight/2015/43/nicole-hughes-nathan-grills-smoke-free>
3. Varghese, J., **Hughes, N.,** Grills, N., Kumar, M., Singh, L., & Kumar, R. (2015). Making Distribution of Wheelchairs Sustainable: A Wheels for the World program in North India, October 2015. *Christian Journal for Global Health*, 2(2).